

Mentoring

Circles USA 412-465-0840
www.circlespgh.org

A program to help move people and families out of poverty.

PITCARE 706-260-7123
www.pitcare.org

Serving Pitcairn through advocacy, mentoring and discipleship to break the chains of generational poverty.

Veteran Services

Allegheny County Veterans Services Office
412-621-4357
alleghenycounty.us/veterans/index.aspx

Authorized benefits for Veterans or widows & dependents.

Military Family Network
412-531-1970
www.militaryfamilynetwork.com

Links military members with various resources.

Keystone Paralyzed Veterans of America
800-775-9323
www.kpva.org

Helps improve the quality of life of paralyzed veterans.

Disability Services

Uniquely the Same, Inc
412-701-4432
www.UniquelyTheSame.org

Helps those affected by disability or economic disadvantage with housing, employment, transportation, education and medical resources.



Basic Assistance (Start Here)

United Way 412-261-6010
uwsdpa.org

- Simply dial 211 from any phone – help with food, utilities & housing
- References to other agencies/services
- Unemployment assistance & resources
- Veteran Services

Allegheny Link 866-730-2368
www.alleghenylink.org

For those residents;
- with disabilities,
- over 60 with or without disabilities, or
- who are experiencing or at risk of homelessness.

Catholic Charities 412-456-6960
www.ccpgh.org 412-456-6999

- Adoption services
- Counseling
- Safety net and stability services
- Health care for uninsured
- Housing and homeless assistance
- Pregnancy and parenting support
- Refugee and senior services

Salvation Army - Adult Rehab
412-481-7900

Additional Resource Lists

www.UniquelyTheSame.org/assist.html
Links to resource guides containing an extensive listing of categories, points of contact and other helpful information.



This Resource Guide was produced by
Community Conversations
a working committee of the
Monroeville Interfaith Ministerium

This Resource Guide can be downloaded at:
www.uniquelythesame.org/assist.html

To recommend changes, contact: info@uniquelythesame.org
(04/2017)

Resource Guide

Assistance in Monroeville and the Pittsburgh Area



Community Conversations
www.mimcares.org

Fellowship - Respect - Goodwill



Food Banks/Food Pantries

- Greater Pittsburgh Community Food Bank** 412-460-3663
www.pittsburghfoodbank.org
- WIC** 412-350-5801
www.achd.net/wic/apply.html
Women, Infants & Children Program (WIC) provides vouchers for nutritious foods to be used at participating grocery stores.
- Food Stamp Screening Program (SNAP)** 866-395-3663
- Food Stamp Information** 412-372-0500 (ex.4)
The Monroeville Public Library reference desk can help you find Food Stamp information.
- Cross Roads Food Pantry** 412-372-2311
Monroeville Residents Only
- Garden City United Methodist Church Food Pantry** 412-373-0391
- Pitcairn Food Pantry** 706-260-7123
- Pitcairn Meals on Wheels** 412-372-9116
- Monroeville Meals on Wheels** 412-856-0311

Health/Medical

- Charity Care Program (Forbes Hosp)**
Ease uninsured finances. 844-801-8400
- re:Solve Crisis Network (UPMC)**
Mental health support. 888-796-8226
- UPMC Financial Assistance Program**
Reduced payments or free care based on financial need. 800-371-8359 (ex.2)
- Sheep Inc. Health Care Center**
www.sheepinclinic.org 412-310-0062
Health care for uninsured. Free walk-in clinic.

Housing

- ACTION HOUSING** 412-281-2102
Affordable housing, mortgage assistance, homeless family services and support.
- PA Housing Finance Agency (PHFA)**
www.phfa.org 855-827-3466
Foreclosure avoidance.
- Fair Housing Partnership (FHP)**
Fair Housing advocacy. 412-391-2535

Rent & Utilities

- St. Vincent DePaul Society**
412-321-1071 ex.2
Offers assistance with rent, food, utilities and other essentials.
- Lazarus Fund** 412-697-7390
Rent and/or utility assistance for those with shut off or eviction notices.
- LIHEAP Hotline** 866-857-7095
Pennsylvania Low Income Home Energy Assistance Program (LIHEAP) helps families pay their home heating bills. The assistance is sent directly to the utility company.

Legal

- Neighborhood Legal Services Association** 412-255-6700
- Allegheny County Public Defender** 412-350-2401
- Allegheny County Bar Association Lawyer Referral** 412-261-5555

Transportation

- ACCESS Paratransit** 412-562-5353
www.portauthority.org
- Heritage Van Services** 412-351-0535
www.heritageserves.org

Employment

- CareerLink**
www.pacareerlink.state.pa.us
Pittsburgh/Allegheny County
412-552-7100
TTY: 412-552-7044
- Allegheny East 412-436-2225
TTY: 412-271-4217
- Employment training and services, job search and connection to PA Job Centers.

Clothing/Furniture

- Blessing Board** 412-828-1055
www.blessingboard.org
To request a warehouse appointment in Oakmont or McKeesport call or email: appointments@theblessingboard.org
- Pitcairn Clothes Closet** 412-372-7707
Pitcairn Presbyterian Church
Open the 2nd, 3rd, 4th Saturdays of the month from 10am to noon. Closed in April and September for restocking.
- The Opportunity Shop Calvary Church, Turtle Creek**
Open every Saturday and every 2nd and 4th Thursday.
- Teachers' Treasures** 412-373-5799
A community resource center located in Moss Side Middle School - gently used clothing, coats, accessories and shoes for men, women, children, and infants.

- Thriftique - National Council of Jewish Women** 412-271-0544
- St. Vincent DePaul Thrift Shop - Monroeville** 724-733-8585
- Goodwill Thrift Store - Monroeville** 412-856-9840

Senior Citizens

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| Monroeville Senior Center
412-856-7825
Income tax service & Medicare Info. | AARP Legal Services Network
888-687-2277
Serves AARP members only. |
| Area Agency on Aging 412-350-5460
Assists Allegheny County residents, 60 years of age and older, with services such as insurance counseling, protection from abuse/neglect, transportation, home care assistance, advocacy, and caregiver support. | |

